

TAKE IT WITH YOU TONIGHT

اللَّهُمَّ اهْدِنِي

اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ، وَعَافِنِي فِيمَنْ عَافَيْتَ، وَتَوَلَّنِي فِيمَنْ تَوَلَّيْتَ، وَبَارِكْ لِي فِيمَا
أَعْطَيْتَ، وَقِنِي شَرَّ مَا قَضَيْتَ، فَإِنَّكَ تَقْضِي وَلَا يُقْصَى عَلَيْكَ، وَإِنَّهُ لَا يَذِلُّ مَنْ وَالَيْتَ، وَلَا
يَعِزُّ مَنْ عَادَيْتَ، تَبَارَكْتَ رَبَّنَا وَتَعَالَيْتَ



The *Allahummahdini Fiman* *Hadaith* Full Dua

Read it once tonight, after Isha — a short, complete supplication for guidance, well-being, and protection, taught by Prophet Muhammad to his grandson Hasan.

ARABIC · TRANSLITERATION · TRANSLATION

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READ, UNDERSTAND, RECITE

Transliteration & Meaning

TRANSLITERATION

Allahummahdini fiman hadayt, wa 'afini fiman 'afayt, wa tawallani fiman tawallayt, wa barik li fima a'tayt, wa qini sharra ma qadayt, fa innaka taqdi wa la yuqda 'alayk, wa innahu la yadhillu man walayt, wa la ya'izzu man 'adayt, tabarakta rabbana wa ta'alayt.

ENGLISH TRANSLATION

"O Allah, guide me among those You have guided, grant me well-being among those You have granted well-being, take me into Your care among those You have taken into Your care, bless me in what You have given, and protect me from the evil of what You have decreed. You decree, and nothing is decreed over You. Whoever You befriend is never humiliated, nor is whoever You oppose ever honoured. Blessed and exalted are You, our Lord."

TONIGHT'S PRACTICE

Read It Once After Isha

Keep it simple tonight. After Isha, before you pick up your phone, read the Arabic slowly, then the English meaning. Let each request land before moving to the next.

This dua is recited in the Qunoot of Witr, any time after Isha until Fajr. There is no fixed count in the hadith — one unhurried recitation is enough to begin.

THREE SMALL STEPS

01

Read the Arabic once, even slowly. Let your eyes follow each word.

02

Read the English meaning and notice which line you needed most tonight.

03

Say it in your own words to Allah, then let it close your day.

Current Islam

For the full article — sources, meaning, and how each school recites it — visit

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