

يَا قَهَّار

YA QAHHAR

"O The Subduer, The Ever-Dominating"

YA KAHARO

The Ultimate Spiritual Shield Blueprint

This document serves as your physical anchor. Keep this blueprint in your prayer space to maintain consistency in your spiritual defense against enemies, blockages, and the evil eye.

The 1100x Master Protocol (For Severe Hardship & Enemies)

Timing: Immediately after Isha Prayer.

Duration: 11 to 41 Consecutive Days.

Method:

- Read Durood Shareef 11 times.
- Recite "Ya Qahhar" exactly 1100 times, focusing on Allah subduing your specific hardship.
- Read Durood Shareef 11 times.
- Make a highly specific, focused Dua for justice and relief.

Rule of Consistency: Do not skip a day. If a day is missed, restart the count to rebuild the spiritual momentum.

The 41-Day Ya Kaharo Tracking Chart

Mark each day with a check (✓) immediately after completing the 1100 recitations.

DAY 1-7	DAY 8-14	DAY 15-21	DAY 22-28	DAY 29-35	DAY 36-41
Day 1: ____	Day 8: ____	Day 15: ____	Day 22: ____	Day 29: ____	Day 36: ____
Day 2: ____	Day 9: ____	Day 16: ____	Day 23: ____	Day 30: ____	Day 37: ____
Day 3: ____	Day 10: ____	Day 17: ____	Day 24: ____	Day 31: ____	Day 38: ____
Day 4: ____	Day 11: ____	Day 18: ____	Day 25: ____	Day 32: ____	Day 39: ____
Day 5: ____	Day 12: ____	Day 19: ____	Day 26: ____	Day 33: ____	Day 40: ____
Day 6: ____	Day 13: ____	Day 20: ____	Day 27: ____	Day 34: ____	Day 41: ____
Day 7: ____	Day 14: ____	Day 21: ____	Day 28: ____	Day 35: ____	Completion

Micro-Habit Maintenance

RECITATION COUNT	IDEAL TIME	SPIRITUAL BENEFIT (FAZILAT)
100 Times	After Fajr or Asr	Builds a daily shield against the evil eye (Nazar).
313 Times	After Maghrib	Overcomes specific workplace conflicts or financial blocks.